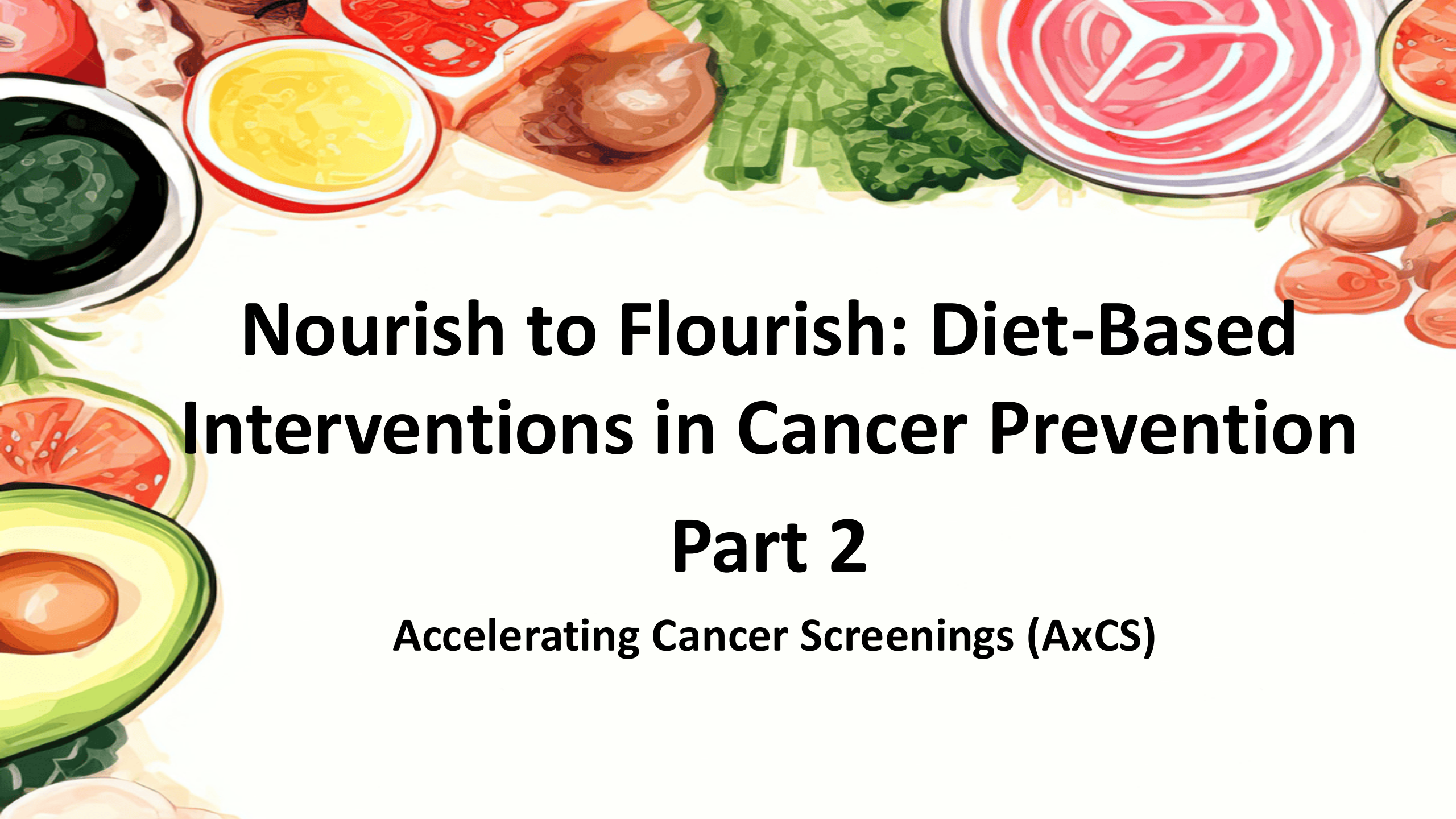


Nourish to Flourish: Diet-Based Interventions in Cancer Prevention

Part 2

Accelerating Cancer Screenings (AxCS)

Continuing Education Credits

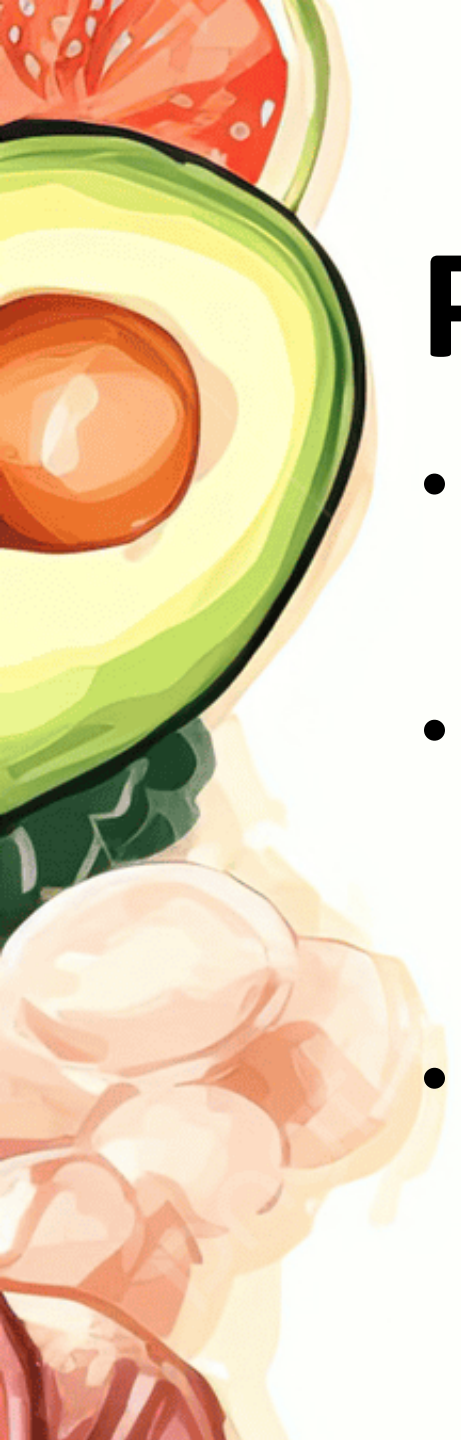
In support of improving patient care, this activity has been planned and implemented by 5D Consulting and Moses/Weitzman Health System, Inc. and its Weitzman Institute and is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This series is intended for Nurse Practitioners, Physicians, Psychologists, Social Workers.

Please complete the survey and claim your post-session certificate on the Weitzman Education Platform after today's session. Instructions to do so will be provided by 5D Consulting.

Disclosures

- With respect to the following presentation, there has been no relevant (direct or indirect) financial relationship between the presenter or other activity planners and any ineligible company in the past 24 months which would be considered a relevant financial relationship.
- The views expressed in this presentation are those of the presenter and may not reflect official policy of Moses-Weitzman Health System.
- We are obligated to disclose any products which are off-label, unlabeled, experimental, and/or under investigation (not FDA approved) and any limitations on the information that are presented, such as data that are preliminary or that represent ongoing research, interim analyses, and/or unsupported opinion.



Panelists:

- Hawau E. Bojuwon, M.S., RDN, CHES
- Dr. Dorette Nysewander, EdD, “Dr. D”, President, D Group Consulting Services, Inc.
- Carl Boyanton, CEO, ProduceGPO and Farmer Fresh Produce

Session 1 Recap

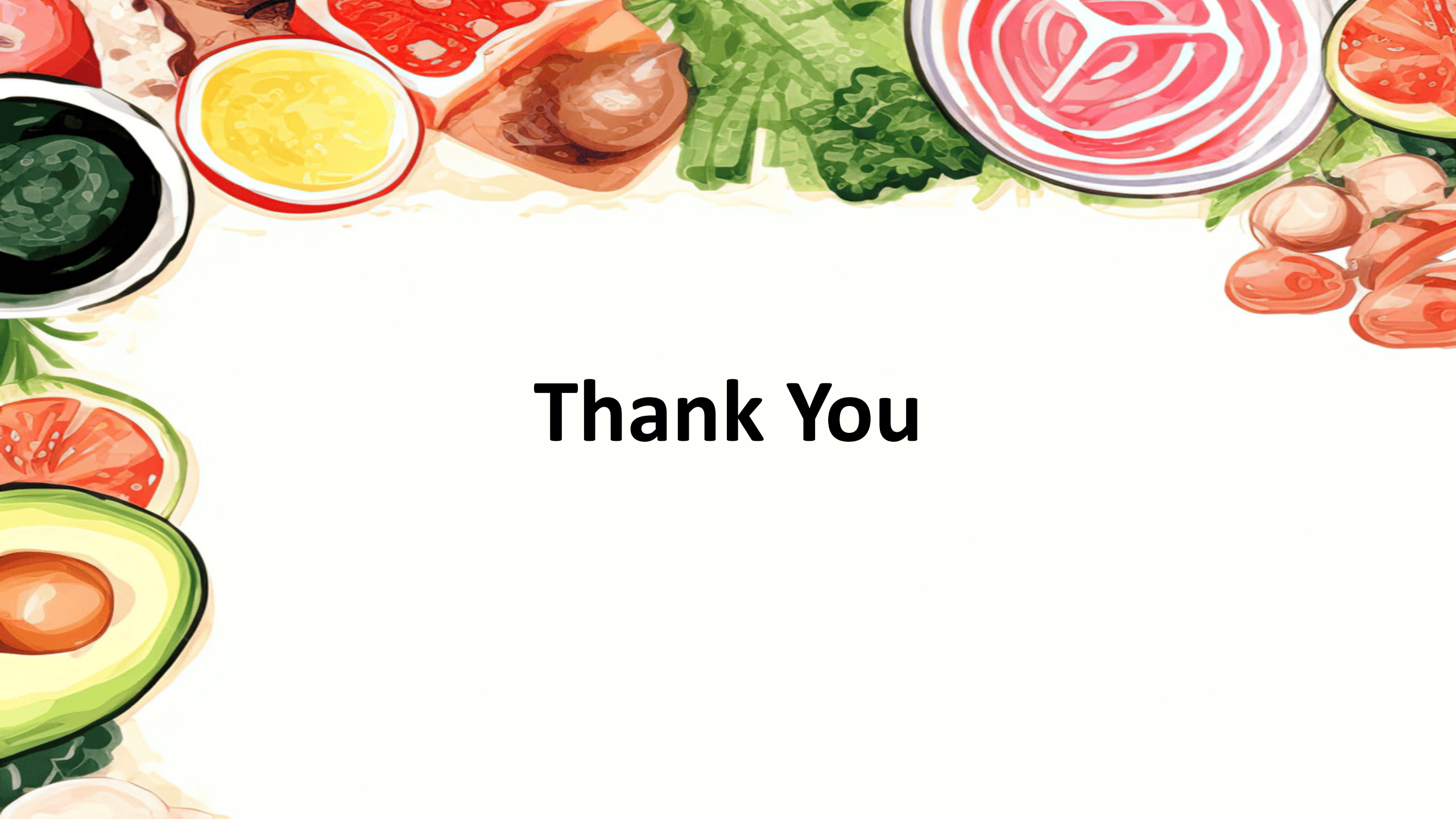
Nourish to Flourish?	Small Changes	Barriers to Access
Food is Medicine	Drink Water	Roof Top Gardens
Medicine is food.	Guide Patient Discussions	Food Trucks
Doctrine of Signatures	Let Patient Make Decision	Co-ops, Green Bags
Hydration	Motivational Interviewing	Geo-locators
Shared Partnership	Set **G**oal, **A**ssess, **B**arrier	Incentives Healthy Buys
Better Nutrition Practices	Watermelon, Kiwi, Apple	Community Gardens
Eat Right Live Healthier	Snack Differently	Save buy Fruits & Veggies

Integrating Nutrition During Physician Visits

Prescription for food purchases. Incentivize Healthy Behaviors. Change Mindset. Practitioner skillsets utilized to level of clinic needs. Ask patients, do you feel fed and nourished? Small steps. How to start. What is healthy? Encourage patients accountability.

Session 2 Takeaways

1. Scalable Community Strategies to Expand Access to Healthy Foods
Cancer (Chronic Disease), Causation (Fast Food), Evidence-based Result
2. How Coaching, Navigation, & Clinical Teams Sustain Behavior
3. Practical Community Approaches, for Patients to Maintain Healthy Eating
Personal Choices, Farm to Consumer Strategies, Food Box Project
4. Insights from Part 1 and Part 2 to Integrate Food-as-Medicine practices.
Do you have any specific needs we can help with? Other questions?



Thank You